

Chill Zone Snack and drink provided.

FunFit A mixture of fun fitness activities using indoor equipment to improve strength, balance, flexibility and coordination. Suitable for all ages.

Climbing Wall Hang out at the climbing wall at Haverfordwest leisure centre.

Creative Movement A mixture of dance and movement skills taught by Cate Lovett.

Harmony Defence Aikido skills that will help build your self confidence, build positive attitudes, teach respect and patience and give students stress resolving skills.

Come and try Maybe you weren't 'chosen' to have a go at a musical instrument when you were younger, but have always wanted to learn an instrument. We can give you an instrument and lessons to help fulfil that dream. If you don't know which instrument you'd like to play but would really like to try, don't worry - we can give you plenty to choose from. flute/trumpet/clarinet/violin/sax/trombone/keyboard/double bass/drums/guitar/ukulele etc.

Be a band roadie What's it like to be a roadie for a band? Do you think you could learn that all the leads have different names and do different things? Learn how to set up a PA system, mix voices and blend instruments in this fast paced, term-long music tech project. You may even be able to be a roadie for the school show!

Pop choir Do you love singing, but maybe don't have the courage to do it on your own? Join the pop choir and find your voice – and your confidence!

Samba drumming Always loved the carnival atmosphere but never been a part of it? Now you can! Join our Samba workshop for high paced, fun and noisy music making.

Gardening / Community Club Activities to include growing plants to improve the school grounds. Planting seeds for the school enterprise project.

Crazy Craft Craft Sessions exploring a variety of techniques often based on seasonal or environmental themes.

Cook-It 4 Boys Aims to provide a positive atmosphere where boys may successfully engage with enjoyable and informative cooking activities.

Cook-It Engage with enjoyable and informative cooking activities.

Chocolate Club The subject of chocolate used to develop literacy, numeracy, science, ICT, art and cooking skills. Activities inspired by Charlie and the Chocolate factory amongst other stimuli.

Press Gang Fostering journalism techniques for budding writers.

Genius Hour Older pupils will have time to research and plan a project about a subject they are passionate about; they will then present their projects on completion. Younger pupils will be set mini challenges to develop research and presentation skills.

Premier league stars Structured reading programme based around football stars.

Homework club Use the facilities in the Bookbase to complete your homework.



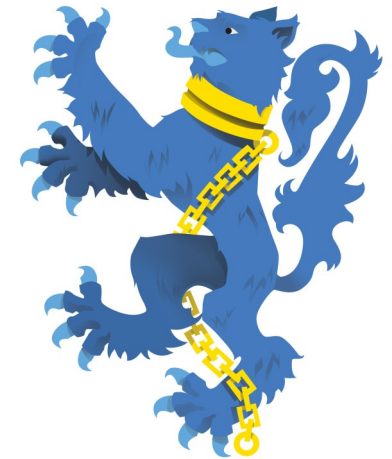
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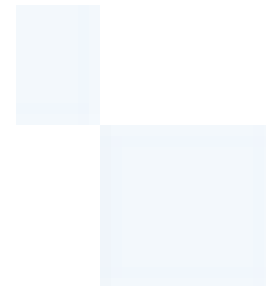
Xtra@stp

Out Of School Hours Programme

Inspire



Sir Thomas Picton School



www.stp.pembrokeshire.sch.uk

Monday

Tuesday

Wednesday

Thursday

Club: **Chill Zone**
Time: **15:15 to 15:45**
Snack and drink provided.

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Club: **Homework Club**
Time: **15:15 to 16:00**

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Club: **Funfit**
Time: **15:45 to 17:00**

Club: **Harmony Defence**
Time: **15:45 to 17:00**

Club: **Creative Movement**
Time: **15:45 to 17:00**

Club: **Climbing Wall**
Time: **15:45 to 17:00**

Club: **Come And Try**
Time: **15:45 to 17:00**

Club: **Be A Band Roadie**
Time: **15:45 to 17:00**

Club: **Pop Choir**
Time: **15:45 to 17:00**

Club: **Samba Drumming**
Time: **15:45 to 17:00**

Club: **Gardening / Community**
Time: **15:45 to 17:00**

Club: **Crazy Craft**
Time: **15:45 to 17:00**

Club: **Cookit For Boys & Cookit**
Time: **15:45 to 17:00**

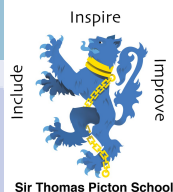
Club: **Cookit**
Time: **15:45 to 17:00**

Club: **Chocolate Club**
Time: **15:45 to 17:00**

Club: **Press Gang**
Time: **15:45 to 17:00**

Club: **Genius Club**
Time: **15:45 to 17:00**

Club: **Premier League Stars**
Time: **15:45 to 17:00**



Sir Thomas Picton School
Ysgol Syr Thomas Picton

Mission Statement

An inclusive school, which inspires staff and pupils to improve and excel within a caring environment.

Ysgol gynhwysol, sy'n ysbrydoli staff a disgyblion i wella a rhagori o fewn amgylchedd sy'n gofalu.